Date	Exam	Facility Where Exam Performed

7678 6.11

My Medical Imaging History

Use this handy record to track your imaging history

Before undergoing any X-ray exam or treatment procedure, remember to ask your doctor:

- Why do I need this exam?
- How will having this exam improve my health care?
- Are there alternatives that do not use radiation and which are equally as good?

Remember:

- Be sure to tell the doctor or technologist if you are, or might be, pregnant before having an exam.
- Don't insist on an imaging exam if the doctor explains there is no need for it.
- And, don't refuse an imaging exam if there's a clear need for it and the clinical benefit outweighs the small radiation risk.

For more information, go to **www.ImageWisely.org** and **www.fda.gov/ForConsumers/ConsumerUpdates/ucm095505.htm**

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